



Subud East Coast Newsletter

June, 2013

In This Issue

SEC 2013 Regional Gathering
2013 National Gathering
2013 Three Rivers Gathering
New Members & Candidate Helpers
Monthly Phone-In Latihan

Mark Your Calendars!

Monthly Phone-in Latihan
Monday, June 3rd, 2013, 9 pm

Bapak's Birthday
Saturday, June 22nd, 2013

World Latihan
Saturday, July 6th, 2013, 2300 hours
(11:00 pm)

Subud USA National Gathering
University of New Mexico,
Albuquerque, New Mexico
July 4 - July 7, 2013

Ramadan
Starts July 8th, 2013

Three Rivers Gathering
Kearns Spirituality Center
November 14-17, 2013

Subud East Coast 2013 Regional Gathering at the Virden Retreat Center in Lewes, Delaware

What a resounding success! Forty five member gathered at the Virden Center located near the historic town of Lewes. The Center was secluded, surrounded by nature, and just a short drive to the seashore.



Opening Circle

Two and a half busy days were filled with latihans, doing personal and group testing, and catching up with old friends.

A beautiful selamatan was also held for Sonya Shooshan's mother (Norma) to commemorate the thousandth day of her death.

2013 National Gathering - Albuquerque, NM

It's still not too late! Here is information about the National Gathering in Albuquerque, New Mexico. Registration and information can be found at: [Subud USA National Gathering](#)

2013 Three Rivers Gathering in November

Please take note of the change in the scheduling of the 2013 Three Rivers Gathering in Pittsburgh. The only weekend available in the fall was the weekend of November 14-17. However, we are back at Kearns Spirituality Center October 9-13, **2014**. More reminders as we get closer to the weekend.

New Members & Candidate Helpers

Please let us know if, when, and where you are opening new members! Candidate helpers in other areas are looking for opportunities to participate in openings.

On the same note, share the good news when your centers are expanding! Don't forget to invite new members to sign up for our newsletter.

Time Once Again for the Monthly Phone-In Latihan!

The next Subud East Coast Conference Call Latihan is scheduled for Monday, June 3rd, 2013 at 9:00 pm. Here are the details:

When, Where and How?

When:	Monday, June 3rd, 2013
Time:	8:40 - 10:00 PM ET
Schedule:	08:40: Quiet time (don't dial in yet) 08:55: Dial-in, announce yourself and please remain quiet 09:00: Latihan starts 09:30: Latihan Ends 09:35: Greeting and discussion (optional) 10:00: Good night

Numbers:

MEN

Conference Dial-in Number: **(218) 339-3600**

Participant Access Code: **531735 #**

WOMEN

Conference Dial-in Number: **(218) 339-2500**

Participant Access Code: **398661 #**

Instructions: *After you dial in you will be prompted to enter the access code. Press the # key afterward. The automated attendant will repeat the access code back to you. Listen carefully to ensure you have entered it correctly. You will be prompted to enter press 1 if it is correct or 2 if you need to enter it again. If it is past 9 PM and no one has joined the call, you might have entered the wrong number. Hang up and start again.*

Let Us Hear From YOU

Have some good news? Planning a gathering? Have a question or comment? Want to see something in the newsletter? Send us an e-mail!

subudsec@gmail.com

We look forward to hearing from you.

Manuela Martinaitis
Subud East Coast

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