

From: Subud East Coast <subudsec@gmail.com>

Subject: News from Subud East Coast

Reply: subudsec@gmail.com



Subud East Coast Newsletter

December, 2013

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Mark Your Calendars!

PHONE-INS!

East Coast Phone-in Latihans

Men - 1st Monday of every
month

Women - Every Monday

14th Subud World Congress
Puebla, Mexico
August 2014

For information and to
register click [here!](#)

Donations

We appreciate any support you
are able to offer Subud East
Coast.

Looking for Regional Helpers and Committee Members

Regional committee terms are ending spring 2014. If you are interested in any of the positions listed below please begin testing to see if this is something you would like to take on. This two year commitment is truly rewarding, puts you in touch with some fantastic people, and helps you understand the business side of Subud.

East Coast Chair - represents Subud East Coast at the National Gathering and is on the Subud USA Board of Directors. The chair sets the agenda for monthly regional meetings, organizes the twice yearly Gatherings, and attends as many local gatherings as time and funds permit. The chair answers queries, puts together a monthly newsletter, and maintains membership list in Constant Contact.

East Coast Vice Chair - assists the Chair and represents the East Coast when the Chair is unavailable.

Treasurer - sets a yearly budget, maintains the financial records and spearheads fundraising.

Secretary - takes minutes and keeps records for the East Coast.

Regional Helpers terms are also ending at this year's International Congress in Puebla. If you are interested in testing about this four year commitment and/or would like more information, please contact:

Men: Hoan Toan Phan at hoantoanp@yahoo.com

Women: Alexandra Boyer at aalexandrabooyer@yahoo.com

1.

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2. By check -- please mail to

Frederic Casilli, Treasurer
Subud East Coast
212 Lemoyne Avenue
Pittsburgh, PA 15228

3. Automatic transfer from
your bank to our account at
PNCBank

Subud East Coast
Routing #: 043000096
a/c #: 1029933167
zip code: 15234

Please join the Subud USA Website if you have not already done so!

Subud USA has a phenomenal webpage: www.subudusa.org

Please visit the site and the East Coast page (Under Member, Community, Region) which lists contact information, latihan times across the coast, and holds the archives of our newsletters and minutes. Or, [click here](#) to go directly to the page.

Also on the page is a summary of the proposed bylaw changes. We have our current bylaws and proposed changes and would like your input -- a discussion board has been set up for this purpose.

Our first phone conference to discuss feedback from the membership will be held Wednesday, January 15, 2014 at 8:00 PM.

Please dial into 1-530-881-1000 Access Code 990974* to participate in the discussion.

Passages

News?

Do you have any news, events, or pictures you would like to share?

Please email me,
Manuela, at:
smartinaitis@aol.com

Kadarijah Gardiner, a Subud member in England, but beloved by many here in the US passed away. The following poem was written by her husband Sharifin.

A prayer for Kadarijah
Ave atque Vale (Hail and farewell)

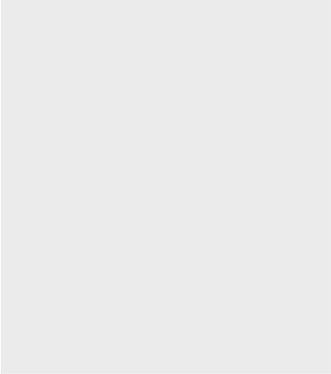
Go gently my love, softly up into the light
To a place where there is neither day nor night
Soar with the angels, float away so high,
Where we'll meet again, Inshallah, so it's never quite goodbye.
As you leave this world behind: the pain and all the struggle
It's lonely back here with just the cat to huggle.

Bless you my beloved, beautiful, brave Kadarijah

Subud DC House

Foundation and Walls are up!

See the next video installment of the Subud DC House here:



<https://drive.google.com/file/d/0B26USBge9P2PWetXaEI3M2tYdUU/edit?usp=sharing>

Exterior modules installation is planned for the end of December with the interior being completed January through May.

For more detailed information and/or to support this project, please see the attached letter from the DC Dewan: [Letter to Supporters.](#)



Manuela Martinaitis
Subud East Coast

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